



Course Syllabus

School Year	2025-2026
Subject	Psychology
Grade Level	12
Teacher	Dr. Eranie V. Portillo, RGC
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COURSE DESCRIPTION:

This course provides a scientific and systematic study of behavior and mental processes in humans and other animals. Students will explore key subfields—biological, developmental, cognitive, social, and clinical psychology—through the lens of current research, emerging trends, and applied practice. Learning will be grounded in psychological theory, recent studies, and hands-on activities such as experiments, simulations, and field applications.

COURSE OBJECTIVES: By the end of the semester/school year, (SWBAT) Students will be able to:

- Understand the biological, cognitive, social, and cultural influences on behavior.
- Analyze current psychological research on topics such as mental health, emotional regulation, resilience, and human interaction in the digital age.
- Apply psychological principles to real-world issues including diversity, gender, health, and well-being.
- Use research methods—design, data collection, and analysis—to investigate psychological questions.
- Develop critical thinking, ethical reasoning, and scientific literacy for academic and everyday contexts.

EXPECTED LEARNER OUTCOMES:

To foster scientific curiosity, critical thinking, and the application of psychological theory, students will be able to:

- Demonstrate familiarity with major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
- Understand and apply basic research methods, including design, data analysis, and interpretation.
- Use critical and creative thinking, skeptical inquiry, and scientific approaches to solve behavior-related problems.



- d) Apply psychological principles to personal, social, and organizational contexts.
- e) Weigh evidence, tolerate ambiguity, act ethically, and reflect psychology's core values.
- f) Demonstrate information competence and use technology effectively.
- g) Communicate clearly in multiple formats.
- h) Recognize and respect sociocultural and international diversity.

RECENT TOPIC HIGHLIGHTS

- a) **Neuroscience advances:** brain plasticity, neuroimaging, and brain-behavior links.
- b) **Mental health in the 21st century:** stress, burnout, and digital-era challenges.
- c) **Social psychology in online spaces:** cyberbullying, social media influence, digital relationships.
- d) **Positive psychology:** gratitude, resilience, and strengths-based approaches.

Psychology: Themes and Variations 11th, Student Edition , 11th Edition

50 Great Myths of Popular Psychology: Shattering Widespread Misconceptions About Human Behavior – Scott O. Lilienfeld, Steven Jay Lynn, John Ruscio & Barry Beyerstein

High School Psychology: Comprehensive Content for High School Psychology (High School STEM Series)

Authentic Happiness: Using the New Positive Psychology to Realise Your Potential for Lasting Fulfilment, by Martin E. P. Seligman

The Lucifer Effect, by Philip G. Zimbardo

Neuropsychological Assessment, by Muriel Deutsch Lezak, Diane B. Howieson, Erin D. Bigler & Daniel Tranel

Career Paths in Psychology: Where Your Degree Can Take You, by Robert J. Sternberg

Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, Text Revision (DSM-5-TR)

A Dictionary of Psychology (3 ed.), Andrew M. Colman



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Research Methods in Psychology - 4th American Edition, 2019, Cuttler, Jhangiani, and Leighton

Mind, Body, World: Foundations of Cognitive Science, 2013, Dawson

- e) **Cultural and diversity perspectives:** how race, gender, and socioeconomic status shape mental processes.
- f) **Emerging therapies:** mindfulness, cognitive-behavioral therapy updates, and AI in mental health support.

PRIMARY TEXTBOOKS AND OTHER RESOURCES:

GRADING SYSTEM/ASSESSMENT: ASSESSMENT BREAKDOWN

- a. Classroom Performance (30%): Quizzes, recitation, group activities, peer teaching.
- b. Project-Based Assessments (20%): Case studies, quick labs, and experiments.
- c. Quarter Exam (40%): May include written, experimental, or project-based formats.
- d. Deportment (10%): Participation, respect, punctuality, and adherence to academic integrity.

ASSESSMENTS:

- A. **CLASSROOM PERFORMANCE** - (30 %)
 - A.1. Individual (Recitation, Test, Quizzes)
 - A.2. Collaborative Learning (Group Activities, Class presentation, Group Project)
 - A.3 Peer/Team Teaching
- B. **PSYCHOLOGICAL/SOCIAL/PROJECT-BASED** - (20 %)
 - B.1. Case Studies
 - B.2. Quick Lab
 - B.3 Experiments
- C. **QUARTER EXAM (Written/PBL/PBA/Experiments)** - (40 %)
- D. **DEPARTMENT GRADE** - (10 %)

PARTICIPATION:

Active participation is essential for success and is worth up to 5 points per class meeting. Points cannot replace absences.

Participation Includes:



- Preparation: Complete assigned readings before class.
- Involvement: Attend all classes, join discussions, and participate in field exposures.
- Observation: Listen actively, observe activities, and note personal reactions.
- Critical Thinking: Reflect on observations and connect them to other courses and experiences.

Weekly Rubric:

- 5 = Fully engaged; significant contributions.
- 4 = Engaged; contributes to discussions.
- 3 = Engaged but late.
- 0 = Misses class or violates policies.

ADDITIONAL INFORMATION:

. TEACHING STRATEGIES:

Learning will be active, collaborative, and research-driven, using:

- a) Debates on recent psychological controversies.
- b) Experiment simulations with modern research tools.
- c) Case studies on contemporary issues.
- d) Role play and dramatization to explore perspectives.
- e) Collaborative problem-solving for applied scenarios.
- f) Planning interventions for real-world psychological challenges.
- g) Technology integration: online lab experiments, digital research, and multimedia presentations.

ACADEMIC DISHONESTY:

Academic Dishonesty means employing a method or technique or engaging in conduct in an academic endeavor that contravenes the standards of ethical integrity expected at DIS.

Academic dishonesty includes but is not limited to the following:

- Purposely incorporating the ideas, words of sentences, paragraphs, or parts thereof without appropriate acknowledgment and representing the product as one's work;
- Representing another's intellectual work, such as photographs, paintings, drawings, sculpture, research, or the like, as one's own, including failure to attribute content to an AI.
- Employing a tutor, using Artificial Intelligence without acknowledgment, getting a parent to write a paper or do an assignment, and paying for an essay to be written by someone else and presented as the student's work.
- Committing any act that a reasonable person would conclude, when informed of the evidence, to be a dishonest means of obtaining or attempting to obtain credit for academic work.

Any act of academic dishonesty will result in an automatic zero on the entire assignment/learning task.



1st QUARTER COURSE CONTENT

Week / Date	Topic / Projects / Assessments
<p>Week 1 (August 12 to 15) <i>4 days of class</i> <i>12-General Assembly at the Gymnasium</i> <i>15-Opening Mass & Assumption of Our Lady</i></p>	<ul style="list-style-type: none">✚ Mood Setting✚ Classroom Norms/Etiquette✚ Discussion of Course Syllabus✚ Hopes and Dreams (Expectation Setting)✚ Making connections between psychology and students✚ “Introductory Psychology Background Questionnaire”✚ Diagnostic Test
<p>Week 2 (August 18 to 22) <i>18-St. Dominic de Guzman Feast Day Celebration</i> <i>Integrated during the Monday Assembly</i> <i>20- House Shirt & Blue Jeans Day Starts</i> <i>22- Club Orientation and Club Sign-up</i></p>	<p>1. Chapter 1 - The Evolution of Psychology</p> <p>1.1 Psychology’s Early History</p> <ul style="list-style-type: none">✚ A New Science Is Born✚ The Battle of the “Schools” Begins: Structuralism Versus Functionalism✚ Freud Brings the Unconscious into the Picture✚ Watson Alters Psychology’s Course as Behaviorism Makes Its Debut✚ Skinner Questions Free Will as Behaviorism Flourishes✚ The Humanists Revolt <p>(2 Assessments and Presentation of Psychological Perspectives)</p>
<p>Week 3 (August 25 to 29) <i>27- High School Talk - "Kickstart Your Success: Winning Mindsets for a Great School Year"</i> <i>29- First Club Meeting</i></p>	<p>1.2 Psychology’s Modern History</p> <ul style="list-style-type: none">✚ Psychology Comes of Age as a Profession✚ Psychology Returns to Its Roots: Renewed Interest in Cognition and Physiology✚ Psychology Broadens Its Horizons: Increased Interest in Cultural Diversity✚ Psychology Adapts: The Emergence of Evolutionary Psychology✚ Psychology Moves in a Positive Direction <ul style="list-style-type: none">• 1.3 Psychology Today: Vigorous and Diversified<ul style="list-style-type: none">✚ Research Areas in Psychology✚ Professional Specialties in Psychology



(Reaction Paper)	
<p>Week 4 (September 1 to 5) <i>1- Launching of the World Day of Prayer for the Care of Creation (During the Monday Assembly)</i> <i>1-AP Registration</i></p> <p><i>3- AEO Fall University Fair</i> <i>5- House Ceremony</i></p>	<ul style="list-style-type: none">• 1.5 Personal Application<ul style="list-style-type: none">+ Improving Academic Performance+ Developing Sound Study Habits+ Improving Your Reading+ Getting More out of Lectures• 1.6 Critical Thinking Application<ul style="list-style-type: none">+ Developing Critical Thinking Skills: An Introduction+ The Skills and Attitudes of Critical Thinking+ The Need to Teach Critical Thinking+ An Example•• Chapter Review - Chapter 1• Chapter 1 Assessment<ul style="list-style-type: none">• Concept Chart•
<p>Week 5 (September 8 to 12) <i>8- Holy Mass: Nativity of the Blessed Virgin Mary & VIP Induction</i> <i>10- House Mini Games Start</i></p>	<p>Chapter 02 The Research Enterprise in Psychology</p> <p>2.1 Looking for Laws: The Scientific Approach to Behavior</p> <ul style="list-style-type: none">+ Goals of the Scientific Enterprise+ Steps in a Scientific Investigation+ Advantages of the Scientific Approach <ul style="list-style-type: none">•• 2.2 Looking for Causes: Experimental Research<ul style="list-style-type: none">+ Independent and Dependent Variables+ Experimental and Control Groups+ Extraneous Variables+ Variations in Designing Experiments+ Advantages and Disadvantages of Experimental Research <p>(2 Graded Activities)</p>
<p>Week 6 (September 15 to 19) <i>15- Catholic Bridge Program for all New Students (After the Monday Assembly at the Gymnasium)</i> <i>19- Athletics / Sports Orientation</i></p>	<ul style="list-style-type: none">•• 2.3 Looking for Links: Descriptive/Correlational Research<ul style="list-style-type: none">+ The Concept of Correlation+ Naturalistic Observation+ Case Studies+ Surveys



<p>19- PSAT/NMSQT <i>Registration deadline</i></p>	<ul style="list-style-type: none"> ✚ Advantages and Disadvantages of Descriptive/Correlational Research • • 2.4 Looking for Flaws: Evaluating Research <ul style="list-style-type: none"> ✚ Sampling Bias ✚ Placebo Effects ✚ Distortions in Self-Report Data ✚ Experimenter Bias ✚ The Importance of Replication <p>(Critique Paper on the Controversial Experiments Conducted)</p>
<p>Week 7 (September 22 to 26) <i>22- Celebration of the International Day of Peace- Peace Pole Ceremony (During the Monday Assembly)</i> <i>Teacher's Day Celebration & 26-Teachers' Appreciation</i> <i>26- Grade 12 Career Educational Trip</i> <i>24 to 26-Pre-Exam Days</i></p>	<ul style="list-style-type: none"> • 2.5 Looking at Ethics: Do the Ends Justify the Means? <ul style="list-style-type: none"> ✚ The Question of Deception ✚ The Question of Animal Research ✚ Ethical Principles in Research • • 2.6 Reflecting on the Chapter's Themes • • 2.7 Personal Application <ul style="list-style-type: none"> ✚ Finding and Reading Journal Articles ✚ The Nature of Technical Journals ✚ Finding Journal Articles ✚ Reading Journal Articles • 2.8 Critical Thinking Application • The Perils of Anecdotal Evidence: "I Have a Friend Who..." • • Chapter Review <ul style="list-style-type: none"> • Chapter 2 Concept Chart • Chapter Assessments
<p>Week 8 (September 29 to October 3) <i>29- Launching of the Month of the Holy Rosary (During the Monday Assembly)</i> <i>Oct. 1-2- First Quarter Exam (half day)</i></p>	<p>Half Day- No class</p>
<p><i>Oct. 3-DIS Teachers and Staff Recognition Day/ Record Day Recollection for Aunties and Uncles (no classes for students)</i></p>	



6-Moon Festival (no classes)

7-9 Teacher's Conference (no classes)

<p style="text-align: center;">Week 9 Oct 7th to 11th <u>1 Day of Class</u> 7~Launching - Rosary Month and Bullying Prevention Day 8-9 ~Q1 Exams 10~Double Ten 11~Record Day</p>	<p>3.5 The Endocrine System: Another Way to Communicate</p> <p>3.6 Heredity and Behavior: Is It All in the Genes?</p> <ul style="list-style-type: none"> + Basic Principles of Genetics + Detecting Hereditary Influence: Research Methods + The Interplay of Heredity and Environment <p>3.7 The Evolutionary Bases of Behavior</p> <ul style="list-style-type: none"> + Darwin's Insights + Later Refinements to Evolutionary Theory + Behaviors as Adaptive Traits <p>3.8 Reflecting on the Chapter's Themes</p> <p>3.9 Personal Application</p> <ul style="list-style-type: none"> + Evaluating the Concept of "Two Minds in One" + Cerebral Specialization and Cognitive Processes + Complexities and Qualifications <p>3.10 Critical Thinking Application</p> <ul style="list-style-type: none"> + Building Better Brains: The Perils of Extrapolation + The Key Findings on Neural Development + The Tendency to Overextrapolate <p>Chapter Review</p> <ul style="list-style-type: none"> + Chapter 3 Assessments + Concept Chart + Key Themes
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2nd QUARTER COURSE CONTENT

Week / Date	Topic / Projects / Assessments
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<p>Week 1 (11) (October 13 to 17) <i>13- Second Quarter Begins</i> <i>13- Start of New Applicant Enrollment for 2nd Semester</i> <i>14- Visit of Mother Mary to Classrooms (During the morning prayer)</i> <i>15- AP Exam Only Registration Deadline</i> <i>15- Monthly Career Talk - College Prep</i> <i>17- PSAT/NMSQT Digital Exam</i></p>	<p>Chapter 3 The Biological Bases of Behavior</p> <p>3.1 Communication in the Nervous System</p> <ul style="list-style-type: none">Nervous Tissue: The Basic HardwareThe Neural Impulse: Using Energy to Send InformationThe Synapse: Where Neurons MeetNeurotransmitters and Behavior <p>3.2 Organization of the Nervous System</p> <ul style="list-style-type: none">The Peripheral Nervous SystemThe Central Nervous System <p>3.3 The Brain and Behavior</p> <ul style="list-style-type: none">Looking Inside the Brain: Research MethodsThe HindbrainThe MidbrainThe ForebrainThe Plasticity of the Brain <p>3.4 Right Brain/Left Brain: Cerebral Specialization</p> <ul style="list-style-type: none">Bisecting the Brain: Split-Brain ResearchHemispheric Specialization in the Intact Brain
<p>Week 2 (12) (October 20 to 24) <i>20- Jubilee: Marian Exhibit Opening (After the Monday Assembly)</i> <i>20- Campus Safety Talk for Students</i> <i>24- Book Fair (Senior Escape Room)</i></p>	<p>3.5 The Endocrine System: Another Way to Communicate</p> <p>3.6 Heredity and Behavior: Is It All in the Genes?</p> <ul style="list-style-type: none">Basic Principles of GeneticsDetecting Hereditary Influence: Research MethodsThe Interplay of Heredity and Environment <p>3.7 The Evolutionary Bases of Behavior</p> <ul style="list-style-type: none">Darwin's InsightsLater Refinements to Evolutionary TheoryBehaviors as Adaptive Traits <p>3.11 Reflecting on the Chapter's Themes</p> <p>3.12 Personal Application</p> <ul style="list-style-type: none">Evaluating the Concept of "Two Minds in One"



	<ul style="list-style-type: none">✚ Cerebral Specialization and Cognitive Processes✚ Complexities and Qualifications 3.13 Critical Thinking Application <ul style="list-style-type: none">✚ Building Better Brains: The Perils of Extrapolation✚ The Key Findings on Neural Development✚ The Tendency to Overextrapolate <p>Chapter Review</p> <ul style="list-style-type: none">✚ Chapter 3 Assessments✚ Concept Chart
<p>Week 3 (13) <i>(October 27 to 31)</i> <i>29- Grade 11 Career Educational Trip</i> <i>Oct. 31 to Nov. 1- Gr.6 SEL Camp</i></p>	Chapter 04 Reading: Sensation and Perception 4.1 The Visual System: Essentials of Sight <ul style="list-style-type: none">✚ The Stimulus: Light✚ The Eye: A Living Optical Instrument✚ The Retina: The Brain's Envoy in the Eye✚ Vision and the Brain✚ Viewing the World in Color 4.2 The Visual System: Perceptual Processes <ul style="list-style-type: none">• Perceiving Forms, Patterns, and Objects• Perceiving Depth or Distance• Perceptual Constancies in Vision• The Power of Misleading Cues: Visual Illusions
<p>Week 4 (14) <i>(November 3 to 7)</i> <i>3- Feast of St. Martin de Porres Mass (integrated during the Monday Assembly)</i> <i>5- Monthly Career Talk - College Prep</i></p>	4.3 The Auditory System: Hearing <ul style="list-style-type: none">• The Stimulus: Sound• Human Hearing Capacities• Sensory Processing in the Ear• Auditory Perception: Theories of Hearing• Auditory Localization: Perceiving Sources of Sound 4.4 The Other Senses: Taste, Smell, and Touch <ul style="list-style-type: none">• Taste: The Gustatory System• Smell: The Olfactory System• Touch: Sensory Systems in the Skin 4.5 Reflecting on the Chapter's Themes 4.6 Personal Application Appreciating Art and Illusion



	<p>4.7 Critical Thinking Application Recognizing Contrast Effects: It's All Relative</p> <p>Chapter Review and Oral Assessments Concept Chart Key Themes</p>
<p>Week 5 (15) (November 10 to 14) <i>14- Health Week</i> <i>14- VIP-Parent Learning Community</i></p>	<p>Chapter 05 Reading: Variations in Consciousness</p> <ul style="list-style-type: none">• 5.1 On the Nature of Consciousness<ul style="list-style-type: none">+ Variations in Levels of Awareness+ Consciousness and Brain Activity•• 5.2 Biological Rhythms and Sleep<ul style="list-style-type: none">+ The Role of Circadian Rhythms+ Ignoring Circadian Rhythms+ Realigning Circadian Rhythms• 5.3 The Sleep and Waking Cycle<ul style="list-style-type: none">+ Cycling Through the Stages of Sleep+ Age, Culture, and Sleep+ Doing Without: Sleep Deprivation+ Sleep Loss and Health+ Problems in the Night: Sleep Disorders• 5.4 The World of Dreams<ul style="list-style-type: none">+ The Contents of Dreams+ Culture and Dreams+ Theories of Dreaming
<p>Week 6 (16) (November 17 to 21) <i>17- Launching of Mental Health and Anti-Bullying Month</i> <i>21- Young Shakespeare Play Writing and Performing Contest</i></p>	<ul style="list-style-type: none">• 5.5 Hypnosis: Altered Consciousness or Role Playing?<ul style="list-style-type: none">+ Hypnotic Induction and Phenomena+ Theories of Hypnosis•• 5.6 Meditation: Pursuing Higher Consciousness•• 5.7 Altering Consciousness with Drugs<ul style="list-style-type: none">+ Principal Abused Drugs and Their Effects+ Factors Influencing Drug Effects+ Mechanisms of Drug Action+ Drug Dependence+ Drugs and Health



	<ul style="list-style-type: none"> • 5.8 Reflecting on the Chapter's Themes • 5.9 Personal Application - Addressing Practical Questions about Sleep and Dreams <ul style="list-style-type: none"> + Common Questions about Sleep + Common Questions about Dreams • • 5.10 Critical Thinking Application Is Alcoholism a Disease? The Power of Definitions <ul style="list-style-type: none"> + The Power to Make Definitions + Definitions, Labels, and Circular Reasoning • • Chapter Review <ul style="list-style-type: none"> • Chapter 5 Concept Chart • Chapter Assessments
<p style="text-align: center;">Week 7 (17) (November 24 to 28) <i>24- Peace Pole Day (Monday Assembly)</i> <i>24- Lighting of the Christmas Tree after school (Campus Min/ECA/ D' Torch Orchestra/ Religious Studies) (Afternoon)</i> <i>25-27- Pre-Exam Days</i> <i>27- Thanksgiving Potluck after school for teachers and staff</i> <i>27- Thanksgiving Family Day</i> <i>28- Gr. 12 Second Quarter Exam</i></p>	<p style="text-align: center;">Chapter 06 Reading: Learning</p> <p>6.1 Classical Conditioning</p> <ul style="list-style-type: none"> + Pavlov's Demonstration: "Psychic Reflexes" + Terminology and Procedures + Classical Conditioning in Everyday Life + Basic Processes in Classical Conditioning <p>6.2 Operant Conditioning</p> <ul style="list-style-type: none"> + Skinner's Demonstration: It's All a Matter of Consequences + Terminology and Procedures + Basic Processes in Operant Conditioning + Reinforcement + Schedules of Reinforcement + Positive Versus Negative Reinforcement + Punishment

<i>Nov. 29 Invitation for All: The Jubilee Pilgrimage to Taipei (Saturday)</i>	
<p style="text-align: center;">Week 8 (18) (December 1 to 5) <i>1- First Week of Advent: Lighting of First Advent Candle (During the Monday Assembly)</i> <i>3- Monthly Career Talk - College Prep</i> <i>5- Nativity Play (Collaboration with Campus Ministry)</i></p>	<ul style="list-style-type: none"> • 6.3 Changing Directions in the Study of Conditioning <ul style="list-style-type: none"> + Recognizing Biological Constraints on Conditioning + Recognizing Cognitive Processes in Conditioning • • 6.4 Observational Learning <ul style="list-style-type: none"> + Basic Processes



<p><i>5- Christmas Fair Whole Day</i></p>	<ul style="list-style-type: none">✚ Observational Learning and the Media Violence Controversy•• 6.5 Reflecting on the Chapter's Themes•6.6 Personal Application Achieving Self-Control through Behavior Modification<ul style="list-style-type: none">✚ Specifying Your Target Behavior✚ Gathering Baseline Data✚ Designing Your Program✚ Executing Your Program•• 6.7 Critical Thinking Application Recognizing Contrast Effects: It's All Relative<ul style="list-style-type: none">✚ Classical Conditioning in Advertising✚ Classical Conditioning in Business Negotiations✚ Classical Conditioning in the World of Politics <p>Chapter Assessments</p> <ul style="list-style-type: none">•
<p>Week 9 (19) (December 8 to 12) <i>8- Foundation Day Mass, cake ceremony, and Class Party (half day)</i> <i>8- Solemnity of the Immaculate Conception</i> <i>8- Second Week of Advent</i> <i>10- Gr. 12 Advent Immersion</i> <i>11 and 12- Second Quarter Exam (half day)</i></p>	<p>Chapter 07 Reading: Human Memory</p> <ul style="list-style-type: none">• 7.1 Encoding: Getting Information into Memory<ul style="list-style-type: none">✚ The Role of Attention✚ Levels of Processing✚ Enriching Encoding•• 7.2 Storage: Maintaining Information in Memory<ul style="list-style-type: none">✚ Sensory Memory✚ Short-Term Memory✚ Long-Term Memory✚ How Is Knowledge Represented in Memory?•• 7.3 Retrieval: Getting Information out of Memory<ul style="list-style-type: none">✚ Using Cues to Aid Retrieval✚ Reinstating the Context of an Event✚ Reconstructing Memories✚ Source Monitoring•• 7.4 Forgetting: When Memory Lapses<ul style="list-style-type: none">✚ How Quickly We Forget: Ebbinghaus's Forgetting Curve✚ Measures of Forgetting✚ Why We Forget



✚ The Repressed Memories Controversy

December 13 Invitation for All: Advent Recollection @DIS (Saturday)

December 15 to January 2 Christmas Break

3rd QUARTER – TENTATIVE COURSE CONTENT

Week / Date	Topic / Projects / Assessments
Week 1 (20) (January 5 to 9) 5- PSAT 8/9 <i>Registration Starts</i> 6- Third Quarter Begins 7- Monthly Career Talk- <i>College Prep</i> 9- New Year Mass at 8:00	Chapter 08 Reading: Cognition and Intelligence <ul style="list-style-type: none"> • 8.1 Language: Turning Thoughts into Words <ul style="list-style-type: none"> ✚ Language Acquisition ✚ Learning More than One Language: Bilingualism ✚ Culture, Language, and Thought 8.2 Problem Solving: In Search of Solutions <ul style="list-style-type: none"> ✚ Types of Problems ✚ Barriers to Effective Problem Solving ✚ Approaches to Problem Solving ✚ Culture, Cognitive Style, and Problem Solving • • 8.3 Decision Making: Choices and Chances <ul style="list-style-type: none"> ✚ Making Choices about Preferences ✚ Heuristics in Judging Probabilities ✚ The Tendency to Ignore Base Rates ✚ The Conjunction Fallacy ✚ Evolutionary Analyses of Fast and Frugal Heuristics • • 8.4 Measuring Intelligence <ul style="list-style-type: none"> ✚ A Brief History ✚ What Do Modern IQ Scores Mean? ✚ Do Intelligence Tests Have Adequate Reliability? ✚ Do Intelligence Tests Have Adequate Validity? ✚ Do Intelligence Tests Predict Vocational Success? ✚ Are IQ Tests Widely Used in Other Cultures?
Week 2 (21) (January 12 to 16) 16- Club Orientation & Sign Up	<ul style="list-style-type: none"> • 8.5 Heredity and Environment as Determinants of Intelligence <ul style="list-style-type: none"> ✚ Evidence for Hereditary Influence ✚ Evidence for Environmental Influence ✚ The Interaction of Heredity and Environment



	<ul style="list-style-type: none">✚ Cultural Differences in IQ Scores• 8.6 New Directions in the Study of Intelligence<ul style="list-style-type: none">✚ Exploring Biological Correlates of Intelligence✚ Investigating Cognitive Processes in Intelligent Behavior✚ Expanding the Concept of Intelligence• 8.7 Reflecting on the Chapter's Themes•• 8.8 Personal Application Measuring and Understanding Creativity<ul style="list-style-type: none">✚ The Nature of Creativity✚ Measuring Creativity✚ Correlates of Creativity• 8.9 Critical Thinking Application Understanding Pitfalls in Reasoning About Decisions<ul style="list-style-type: none">✚ The Gambler's Fallacy✚ Overestimating the Improbable✚ The Effects of Framing✚ Loss Aversion <p>Chapter Assessments</p>
<p>Week 3 (22) (January 19 to 23) <i>19-23- Individual Yearbook Photoshoot for Students</i> <i>19-23- Career Awareness Week</i> <i>22- Grade 9 Career Educational trip</i> <i>23- First Club Meeting for 2nd Semester</i></p>	<p>Chapter 09 Reading: Motivation and Emotion</p> <ul style="list-style-type: none">• 9.1 Motivational Theories<ul style="list-style-type: none">✚ Drive Theories✚ Incentive Theories✚ Evolutionary Theories• 9.2 The Motivation of Hunger and Eating<ul style="list-style-type: none">✚ Biological Factors in the Regulation of Hunger✚ Environmental Factors in the Regulation of Hunger✚ Eating and Weight: The Roots of Obesity• 9.3 Sexual Motivation and Behavior<ul style="list-style-type: none">✚ The Human Sexual Response✚ Evolutionary Analyses of Human Sexual Motivation✚ The Mystery of Sexual Orientation• 9.4 The Achievement Motive



	<ul style="list-style-type: none"> ✚ Individual Differences in the Need for Achievement ✚ Situational Determinants of Achievement Behavior
<p>Week 4 (23) (January 26 to 30) <i>26- Feast Day of St. Thomas</i> <i>Aquinas/Launching of the Catholic Week</i> <i>26-28- Aquinas Conference: Science and Faith</i> <i>26-30- Catholic Week Activities</i> <i>30- DYM Charity Concert</i></p>	<ul style="list-style-type: none"> • 9.5 Elements of Emotional Experience <ul style="list-style-type: none"> ✚ The Cognitive Component ✚ The Physiological Component ✚ The Behavioral Component ✚ Culture and the Elements of Emotion • • 9.6 Theories of Emotion <ul style="list-style-type: none"> ✚ James-Lange Theory ✚ Cannon-Bard Theory ✚ Schachter's Two-Factor Theory ✚ Evolutionary Theories of Emotion • • 9.7 Reflecting on the Chapter's Themes • • 9.8 Personal Application Exploring the Ingredients of Happiness <ul style="list-style-type: none"> ✚ How Happy Are People? ✚ Weak Predictors of Happiness ✚ Moderately Good Predictors of Happiness ✚ Stronger Predictors of Happiness ✚ Conclusions About Subjective Well-Being • • 9.9 Critical Thinking Application: Analyzing Arguments: Making Sense out of Controversy <ul style="list-style-type: none"> • The Anatomy of an Argument • Common Fallacies • Evaluating the Strength of Arguments • • Chapter 9 Assessments •
<p>Week 5 (24) (February 2 to 6) <i>1-4- WASC Mid-Cycle Visit</i> <i>4- Monthly Career Talk - College Prep</i> <i>6-7- SUA0 Recollection for MS</i></p>	<p>Chapter 11 Reading: Personality</p> <p>11.1 The Nature of Personality</p> <ul style="list-style-type: none"> ✚ Defining Personality: Consistency and Distinctiveness ✚ Personality Traits: Dispositions and Dimensions ✚ The Five-Factor Model of Personality Traits • • 11.2 Psychodynamic Perspectives <ul style="list-style-type: none"> ✚ Freud's Psychoanalytic Theory



	<ul style="list-style-type: none"> ✚ Jung’s Analytical Psychology ✚ Adler’s Individual Psychology ✚ Evaluating Psychodynamic Perspectives • • 11.3 Behavioral Perspectives <ul style="list-style-type: none"> ✚ Skinner’s Ideas Applied to Personality ✚ Bandura’s Social Cognitive Theory ✚ Mischel and the Person-Situation Controversy ✚ Evaluating Behavioral Perspectives • • 11.4 Humanistic Perspectives <ul style="list-style-type: none"> ✚ Rogers’s Person-Centered Theory ✚ Maslow’s Theory of Self-Actualization ✚ Evaluating Humanistic Perspectives
<p>Week 6 (25) (February 9 to 13) <i>9- Start of New Applicant Enrollment for 1st Semester for SY2025-26</i> <i>13- PSAT 8/9</i> <i>Registration Deadline</i> <i>13- House Valentine's Mini Fair</i> <i>13- Chinese New Year Celebration</i></p>	<ul style="list-style-type: none"> • 11.5 Biological Perspectives <ul style="list-style-type: none"> ✚ Eysenck’s Theory ✚ Behavioral Genetics and Personality ✚ The Evolutionary Approach to Personality ✚ Evaluating Biological Perspectives • • 11.6 Contemporary Empirical Approaches to Personality Narcissism <ul style="list-style-type: none"> ✚ Terror Management Theory • • 11.7 Culture and Personality • 11.8 Reflecting on the Chapter’s Themes • 11.9 Personal Application - Understanding Personality Assessment <ul style="list-style-type: none"> ✚ Self-Report Inventories ✚ Projective Tests • 11.10 Critical Thinking - Application Hindsight in Everyday Analyses of Personality <ul style="list-style-type: none"> ✚ The Prevalence of Hindsight Bias ✚ Hindsight and Personality ✚ Other Implications of “20-20 Hindsight” • • Chapter Assessments
<p><i>February 16-20 Chinese New Year Holiday</i></p>	
<p>Week 7 (26) (February 23 to 26) <i>23-26- IOWA Assessments</i></p>	<p>Chapter 12 Reading: Social Behavior</p>



<p><i>23- Student Council Application</i> <i>24-26- Pre-Exam Days</i></p>	<ul style="list-style-type: none">• 12.1 Person Perception: Forming Impressions of Others<ul style="list-style-type: none">✚ Effects of Physical Appearance✚ Stereotypes✚ Subjectivity in Person Perception✚ An Evolutionary Perspective on Bias in Person Perception•• 12.2 Attribution Processes: Explaining Behavior<ul style="list-style-type: none">✚ Internal Versus External Attributions✚ Attributions for Success and Failure✚ Bias in Attribution✚ Culture and Attributions•• 12.3 Interpersonal Attraction: Liking and Loving<ul style="list-style-type: none">✚ Key Factors in Attraction✚ Perspectives on the Mystery of Love✚ Culture and Close Relationships✚ The Internet and Close Relationships✚ An Evolutionary Perspective on Attraction•• 12.4 Attitudes: Making Social Judgments<ul style="list-style-type: none">✚ Components and Dimensions of Attitudes✚ Implicit Attitudes: Looking Beneath the Surface✚ Trying to Change Attitudes: Factors in Persuasion✚ Theories of Attitude Formation and Change
<p><i>February 27 Memorial Day Holiday (no classes)</i></p>	
<p>Week 8 (27) (March 2 to 6) <i>3- Monthly Career Talk - College Prep</i> <i>6- PSAT 8/9 System Installation and Practice Test</i></p>	<ul style="list-style-type: none">• 12.5 Conformity and Obedience: Yielding to Others<ul style="list-style-type: none">✚ Conformity✚ Obedience✚ Cultural Variations in Conformity and Obedience•• 12.6 Behavior in Groups: Joining with Others<ul style="list-style-type: none">✚ Behavior Alone and in Groups: The Case of the Bystander Effect✚ Group Productivity and Social Loafing✚ Decision Making in Groups•• 12.7 Reflecting on the Chapter's Themes•• 12.8 Personal Application - Understanding Prejudice



	<ul style="list-style-type: none">✚ Sorting out Prejudice, Discrimination, and Racism✚ Stereotyping✚ Making Biased Attributions✚ Forming and Preserving Prejudicial Attitudes✚ Competition Between Groups✚ Dividing the World into Ingroups and Outgroups <p>•</p> <p>12.9 Critical Thinking Application - Analyzing Credibility and Social Influence Tactics</p> <ul style="list-style-type: none">○ Evaluating Credibility○ Recognizing Social Influence Strategies <p>•</p> <ul style="list-style-type: none">• Chapter Assessments
<p>Week 9 (28) (March 9 to 13) <i>13 and 16- Third Quarter Exam (half day)</i></p>	<p>Chapter 13 Reading: Stress, Coping, and Health</p> <ul style="list-style-type: none">• 13.1 The Nature of Stress<ul style="list-style-type: none">✚ Stress as an Everyday Event✚ Appraisal: Stress Lies in the Eye of the Beholder✚ Major Types of Stress• 13.2 Responding to Stress<ul style="list-style-type: none">✚ Emotional Responses✚ Physiological Responses✚ Behavioral Responses•• 13.3 Stress and Physical Health<ul style="list-style-type: none">✚ Personality, Hostility, and Heart Disease✚ Emotional Reactions, Depression, and Heart Disease✚ Stress, Other Diseases, and Immune Functioning✚ Sizing Up the Link Between Stress and Illness✚ Factors Moderating the Impact of Stress✚ Positive Effects of Stress• 13.4 Health-Impairing Behavior<ul style="list-style-type: none">✚ Smoking✚ Alcohol and Drug Use✚ Lack of Exercise✚ Behavior and HIV/AIDS <p>13.5 Personal Application - Improving Coping and Stress Management</p> <ul style="list-style-type: none">✚ Reappraisal: Ellis's Rational Thinking



	<ul style="list-style-type: none"> ✚ Humor as a Stress Reducer ✚ Releasing Pent-up Emotions and Forgiving Others ✚ Relaxing and Minimizing Physiological Vulnerability • • Chapter Review and Assessments
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4th QUARTER – TENTATIVE COURSE CONTENT

Week / Date	Topic / Projects / Assessments
<p>Week 1 (29) (March 16 to 20) <i>16- Third Quarter Exam (half day)</i> <i>16-20- Faculty & Staff Yearbook Photo</i> <i>17- Fourth Quarter Begins</i> <i>18-21- EARCOS Teachers' Conference</i> <i>19- Lectio Divina and Feast of St. Joseph</i> <i>20- Parents Learning Community Meeting</i> <i>20- Kindilympics</i> <i>20-House Movie Night and Club Fair</i></p>	<p>Chapter 14 Reading: Psychological Disorders</p> <ul style="list-style-type: none"> • 14.1 General Concepts <ul style="list-style-type: none"> ✚ The Medical Model Applied to Abnormal Behavior ✚ Criteria of Abnormal Behavior ✚ Psychodiagnosis: The Classification of Disorders • • 14.2 Anxiety Disorders, OCD, and PTSD <ul style="list-style-type: none"> ✚ Generalized Anxiety Disorder ✚ Specific Phobia ✚ Panic Disorder ✚ Agoraphobia ✚ Obsessive–Compulsive Disorder ✚ Posttraumatic Stress Disorder ✚ Etiology of Anxiety-Related Disturbances • • 14.3 Dissociative Disorders <ul style="list-style-type: none"> ✚ Description ✚ Etiology of Dissociative Disorders • • 14.4 Depressive and Bipolar Disorders <ul style="list-style-type: none"> ✚ Major Depressive Disorder ✚ Bipolar Disorder ✚ Mood Dysfunction and Suicide ✚ Etiology of Depressive and Bipolar Disorders
March 21 (Saturday) Spring Fair	



<p>Week 2 (30) (March 23 to 27) <i>23-27 Student Leaders Applicant Interviews</i> <i>26- Annual Visit to World Religion Museum Gr. 11</i> <i>27- Lower School Readers Theatre</i></p>	<ul style="list-style-type: none">•• 14.5 Schizophrenic Disorders<ul style="list-style-type: none">✚ Symptoms✚ Etiology of Schizophrenia•• 14.6 Autism Spectrum Disorders<ul style="list-style-type: none">✚ Symptoms and Prevalence✚ Etiology of ASD•• 14.7 Personality Disorders<ul style="list-style-type: none">✚ Antisocial, Borderline, and Narcissistic Personality Disorders✚ Etiology of Personality Disorders•• 14.8 Eating Disorders<ul style="list-style-type: none">✚ Description✚ Prevalence and Cultural Roots✚ Etiology of Eating Disorders•• 14.9 New Directions in the Study of Psychological Disorders<ul style="list-style-type: none">✚ The Role of Early-Life Stress in Adult Disorders✚ Genetic Overlap Among Major Disorders•• 14.10 Reflecting on the Chapter's Themes•• 14.11 Personal Application - Understanding Psychological Disorders and the Law<ul style="list-style-type: none">✚ Insanity✚ Competency✚ Involuntary Commitment•• 14.12 Critical Thinking Application - Working with Probabilities in Thinking About Mental Illness <p>Chapter Assessments</p>
<p><i>March 30 to April 6 Easter/Spring Break</i></p>	
<p>Week 3 (31) (April 7 to 10) <i>7- Spring University Fair</i> <i>9- Easter Mass</i></p>	<p>Chapter 15 Reading: Treatment of Psychological Disorders</p> <ul style="list-style-type: none">• 15.1 Elements of the Treatment Process<ul style="list-style-type: none">✚ Treatments: How Many Types Are There?✚ Clients: Who Seeks Therapy?



<p>9- Easter Egg Hunt for Lower School Students</p>	<ul style="list-style-type: none"> ✚ Therapists: Who Provides Professional Treatment? • • 15.2 Insight Therapies <ul style="list-style-type: none"> ✚ Psychoanalysis ✚ Client-Centered Therapy ✚ Group Therapy ✚ Couples and Family Therapy ✚ How Effective Are Insight Therapies? ✚ How Do Insight Therapies Work?
<p>Week 4 (32) (April 13 to 17) <i>13 Laudato Si Month Launching (During the Monday Assembly)</i> <i>13-30 Laudato Si Month Activities</i> <i>13-17- Class Photo Taking</i> <i>17- AP Chinese/Japanese Practice Test</i></p>	<ul style="list-style-type: none"> • 15.3 Behavior Therapies <ul style="list-style-type: none"> ✚ Systematic Desensitization ✚ Social Skills Training ✚ Cognitive-Behavioral Treatments ✚ How Effective Are Behavior Therapies? • • 15.4 Biomedical Therapies <ul style="list-style-type: none"> ✚ Treatment with Drugs ✚ Electroconvulsive Therapy (ECT)
<p>Week 5 (33) (April 20 to 24) <i>20-24 Cultural Awareness Week / Art Exhibit / Earth Week</i> <i>24- Music Recital</i> <i>20-24 Student Council Campaign</i> <i>20-24 AP Mock Exams</i></p>	<ul style="list-style-type: none"> • 15.5 Current Trends in Treatment <ul style="list-style-type: none"> ✚ Increasing Multicultural Sensitivity in Treatment ✚ Using Technology to Expand the Delivery of Clinical Services ✚ Blending Approaches to Treatment • 15.6 Institutional Treatment in Transition <ul style="list-style-type: none"> ✚ Disenchantment with Mental Hospitals ✚ Deinstitutionalization ✚ Mental Illness, the Revolving Door, and Homelessness •
<p>Week 6 (34) (April 27 to 30) <i>27- Student Council Elections</i> <i>27-30 Senior Project Presentations</i> <i>28-30 Pre-Exam Days</i></p>	<ul style="list-style-type: none"> • 15.7 Reflecting on the Chapter's Themes • • 15.8 Personal Application - Looking for a Therapist <ul style="list-style-type: none"> ✚ Where Do You Find Therapeutic Services? ✚ Is the Therapist's Profession or Gender Important? ✚ Is Treatment Always Expensive?



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	<ul style="list-style-type: none"> ✚ Is the Therapist's Theoretical Approach Important? ✚ What Is Therapy Like? • • 15.9 Critical Thinking Application From Crisis to Wellness—But Was It the Therapy? • • Chapter Review and Assessments •
<i>May 1: Labor Day Public Holiday</i>	
<p>Week 7 (35) (May 4 to 8)</p> <p><i>4- May Crowning & Mother's Day Celebration (During the Monday Assembly)</i></p> <p><i>4-14 Final Exams (K, Gr. 5, 8, & 12 Only)</i></p> <p><i>4-15 AP Exams</i></p>	Psychological Experiments Presentations
<p>Week 8 (36) (May 11 to 15)</p> <p><i>13 and 14- Fourth Quarter Exam— Undergraduate (half day)</i></p> <p><i>14-16 Student Leaders Retreat Days</i></p>	
<i>May 15 Record Day (No Classes for students) Final Deliberation for Graduating/Promoting Classes</i>	
<p>Week 9 (37) (May 18 to 22)</p> <p><i>18- Gr. 5 Recollection & Mass</i></p> <p><i>19- Gr. 8 Recollection & Mass</i></p> <p><i>20- Gr. 12 Recollection</i></p> <p><i>20- Baccalaureate Mass (Whole School)</i></p> <p><i>18-21 WIDA Testing</i></p> <p><i>19- Lower School Sports Day / Gr. 6 & 7 School Field Trip</i></p>	



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<p><i>19- Gr. 9 - 11 - "Senior Success Forum: Inspiring the Next Generation"</i> <i>19-22 Student Clearance Days</i> <i>21- Middle & High School Sports Day</i> <i>21- High School Field Trip</i> <i>22- House Culminating Activity</i> <i>20-22 Final Deliberation for Non-Graduating Classes</i> <i>22- Student Leaders One Day Recollection / Turn Over Ceremony</i></p>	
<p><i>Week 10 (38) (May 25 to 29)</i> <i>25- Kindergarten Graduation/Gr. 5 Promotion</i> <i>26- LS Field Trip</i> <i>26- Gr. 8 Graduation and Gr. 12 Graduation</i> <i>27- Pre-Kindergarten & Gr. 1 - 4, 6 & 7, 9-11 Recognition</i> <i>Last Day of School, Report Card Distribution, & Class Party (half day)</i> <i>29- Last day for Teachers/Staff Meeting</i></p>	

"Kindling the Light of Faith, Hope, and Love: The Legacy of St. Dominic de Guzmán"